

**UAB**  
 THE UNIVERSITY OF ALABAMA AT BIRMINGHAM  
 Knowledge that will change your world

## Introduction to metabolomics research

Stephen Barnes, PhD  
 University of Alabama at Birmingham

[sbarnes@uab.edu](mailto:sbarnes@uab.edu)

**T**argeted  
**M**etabolomics &  
**P**roteomics  
**L**aboratory

## A great deal of emphasis is being placed on the importance of DNA sequencing

**CDH**      This model works for congenital diseases

Normal heart      Double outlet right ventricle

**Biliary atresia**

<https://loveyabeckett.files.wordpress.com>

**Patient group**

**Same diagnosis, same prescription**

This has evolved into precision medicine and optimization of therapy

<http://personalizedmedicineproject.weebly.com/>



NIH Precision Medicine Initiative – All of Us

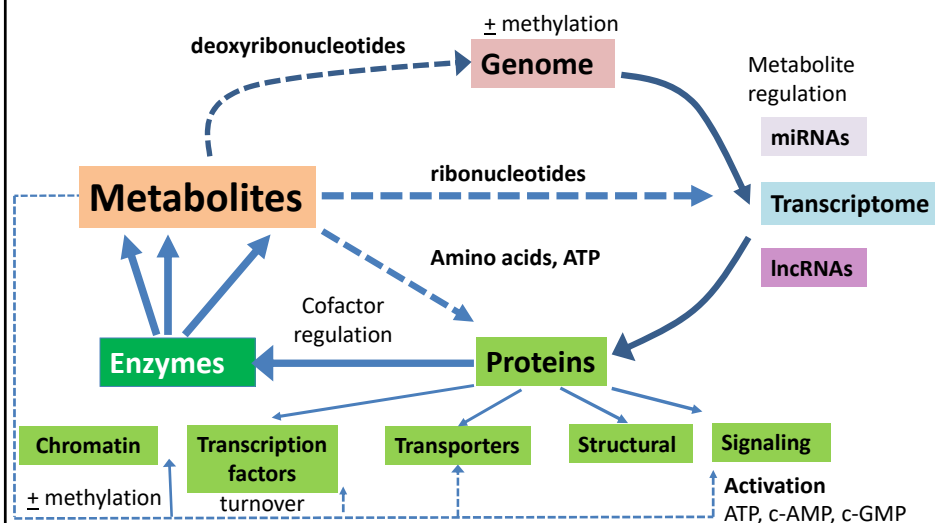
## What is “Metabolomics”?

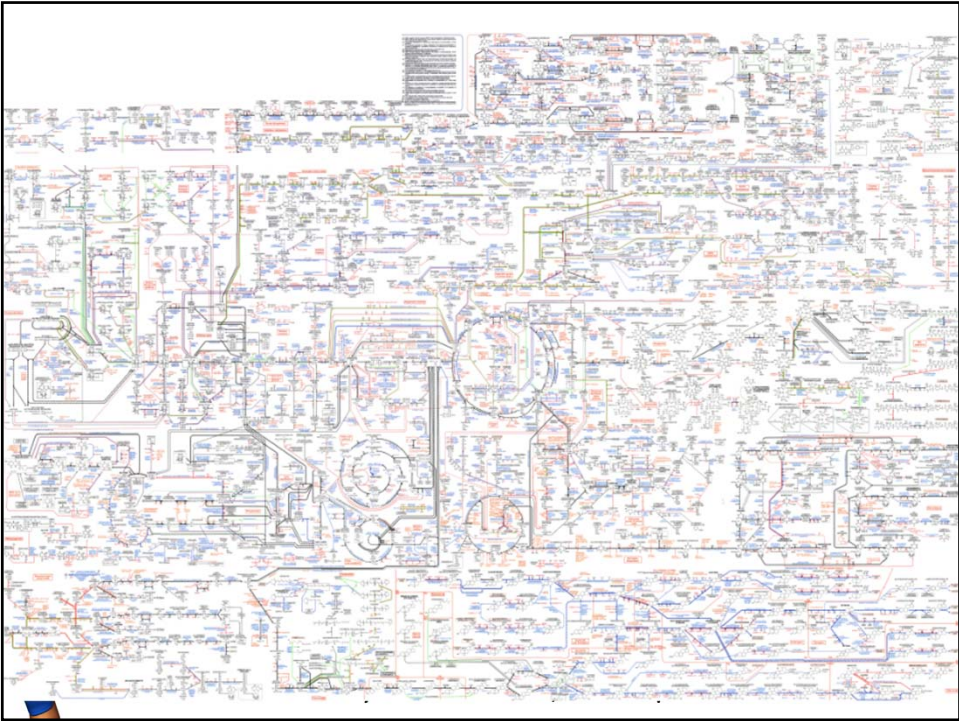
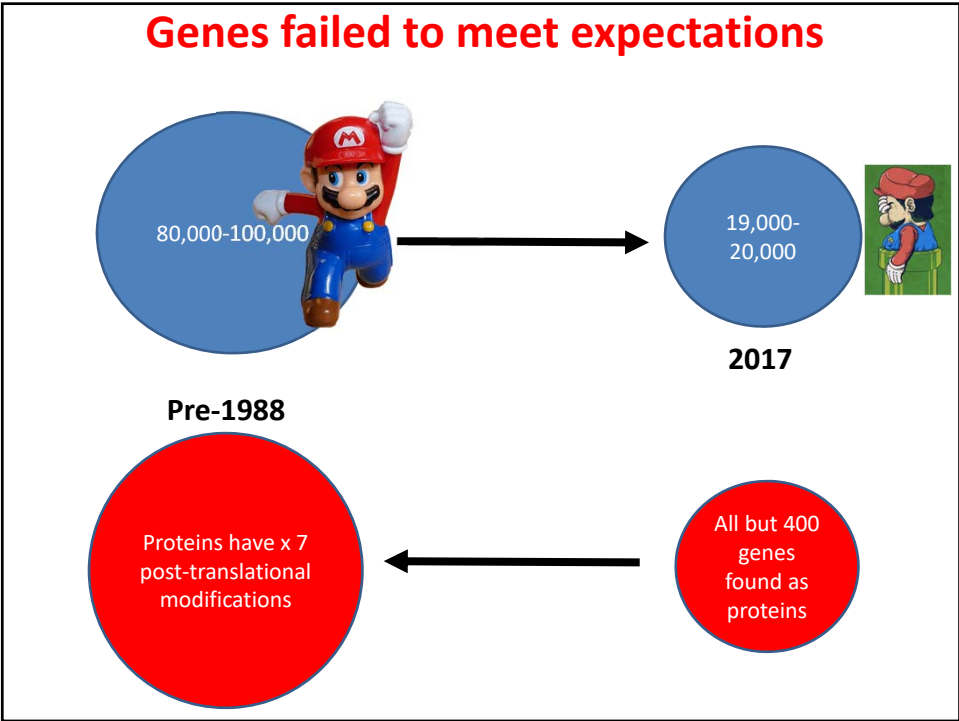
- **Metabolomics is like other types of –omics analysis (microarray, RNA-Seq, proteomics, etc.)**
  - Offers a “comprehensive” view of all detectable chemicals (not just metabolites)
  - Can be applied to body fluids
    - Plasma/sera, urine, saliva, tears, fecal water, etc.
  - Also to tissues
    - Liver, lung, heart, kidney, brain, eyes, etc.
  - And to single cells
    - Human, rodent, yeast, bacteria, etc.

## Synopsis

- Why has the metabolome (and metabolomics) become so important?
- What is the metabolome?
- How do I do a metabolomics experiment?
- What platform can I use?
- How do I analyze the data?
- Can I integrate metabolomics data with other –omics data? See [Karan Uppal in 2017 Workshop](#)
- Future for metabolomics in clinical and precision medicine

### Metabolites are associated with every aspect of cellular events





## The metabolome is very complex!



### Smart and philosophic hunter-gatherers



Whoever invented me, sold me short, so I have to be a hunter-gatherer to get the missing pieces




Something's just not right – our air is clean, our water is pure, we all get plenty of exercise, everything we eat is organic and free-range, and yet nobody lives past thirty!


<https://www.pinterest.com/pin/283867582737972541/>

**Amino acids**


Essential	Non-essential
Arg*	Ala
His	Asn
Ile	Asp
Leu	Cys
Lys	Gln
Met	Glu
Phe	Gly
Thr	Pro
Trp	Ser
Val	Tyr




Meat eater



Vegetarian



Berry eater



Fruitarian

↑ Have to eat foods rich in these

↑ Amino acids made by human genes

Fermented ales have been important historically



Launching the barley seeds



The International Space Station is no exception

## Elon Musk's Mars colony



### More fermentation in our diets



Dark beer – B vitamins



Rich in polyphenols



Yoghurt + polyphenols



Tempeh - soy



Kimchi - cabbage



Bitter beer – male hop UK



Alcohol/calories

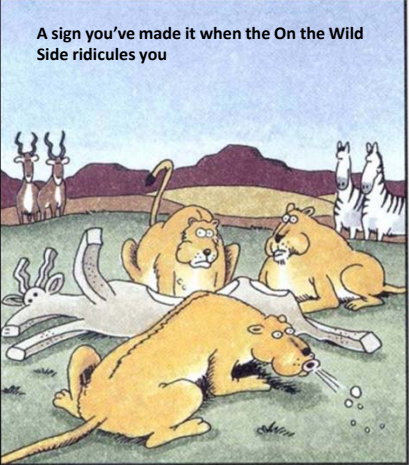


Plain, but fermented



Ogi + hibiscus flower syrup

**A sign you've made it when the On the Wild Side ridicules you**




In sudden disgust, the three lionesses realized they had killed a tofudebeest—one of the Serengeti's obnoxious health antelopes.

**Be kind to your "cat"**

Vet. Pathol. 25:48-57 (1988)

**Veno-occlusive Disease of the Liver in Captive Cheetah**

*The main hepatic lesion was seen in 60% of the sexually mature cheetah (out of 126 captive animals). Observed in 1 year olds, but got worse with age and led to liver failure. Came from supplementation of the horsemeat diet with soy protein and the phytoestrogens therein.*



**Cats are exquisitely sensitive to aspirin and tylenol**

- The defect is in UGT1A6 which has become a pseudogene – the WT form glucuronidates phenols (a mechanism to excrete them)
  - Cats are hypercarnivores
    - Not exposed to modern drugs or plants in which there are substantial amounts of phenols
    - Victims of "Use it or lose it"
    - Diet-driven evolution
- Mutations in exon 1
  - Stop codons at bp 274-276 and 379-381 (>10 MYA)
- UGT1A1 that glucuronidates bilirubin is unaffected

Where did metabolomics come from?



## Transition of mass spectrometry to biology



Ralf Schoenheimer



David Rittenberg

- While the politicians, tyrants, dictators and despots were salivating at the thought of developing nuclear weapons from unstable isotopes in the early part of the 20<sup>th</sup> Century, two scientists began the pursuit of the peaceful use of stable isotopes, initially deuterium (<sup>2</sup>H), and later carbon (<sup>13</sup>C) and nitrogen (<sup>15</sup>N), to study biochemical pathways
- Understanding the pathways of metabolism was born

radiodetector GC in oven

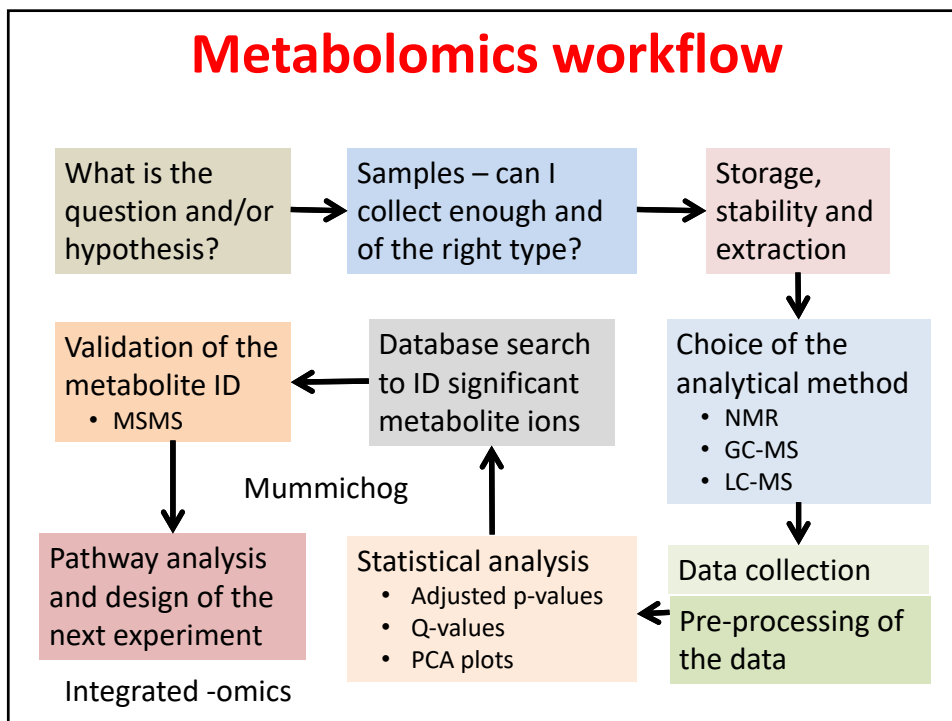
Paper tape recording

### Radio-GC analysis metabolomics in its infancy

Radio gas-liquid chromatography with digitization of collected data

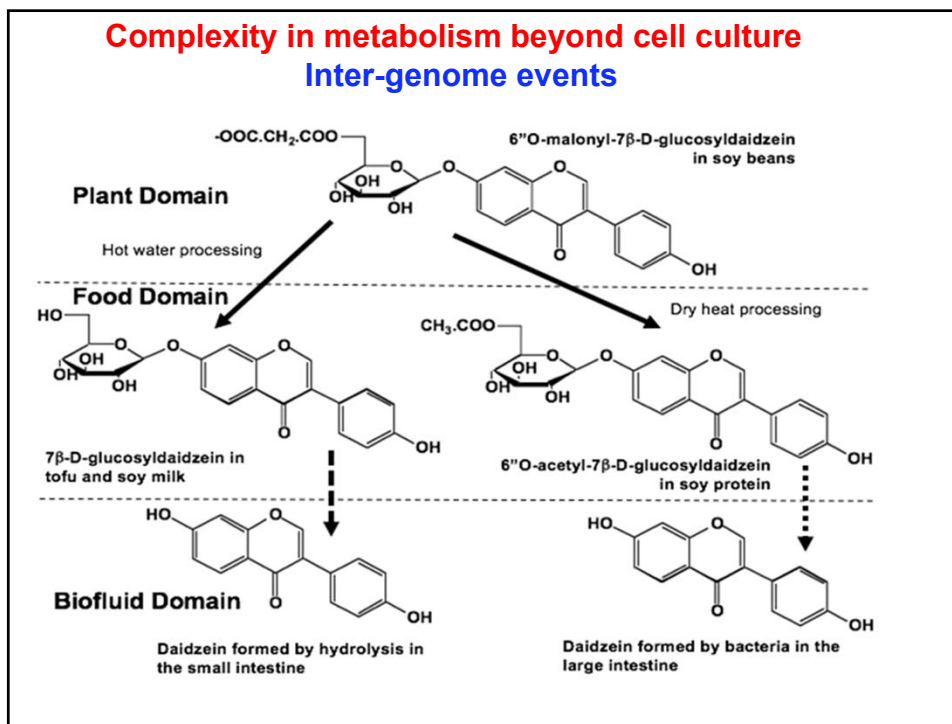
Developed this for my PhD work (1967-1970) to study glucose metabolism in acellular slime mold, *Physarum polycephalum*

## Metabolomics workflow



## Course goals

- To understand
  - The **vital** roles of metabolites
  - The **origins** of metabolites
  - That metabolomics is **high dimensional**
  - The best methods for **extracting metabolites**
  - How to select the **analytical approach**
  - **Qualitative** and **statistical analysis** of the data
  - How to **identify** the “interesting” metabolites
  - How to map to (or define) **pathways**
  - The value of **stable isotopes**



## Types of LC-MS analysis

Single quadrupole  
LC-MS analysis

LC-time-of-flight  
(TOF)-MS

FT-ICR MS

Orbi-trap

Triple quadrupole  
LC-MS analysis

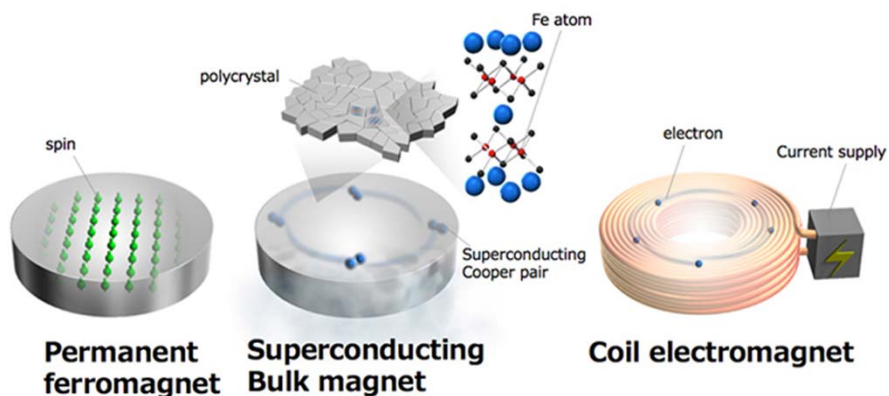
Multiple reaction  
monitoring (MRM)

Q-TOF

TripleTOF

Ion Mobility

## NMR spectroscopy and metabolomics



[https://nationalmaglab.org/images/news\\_events/news/2015/october/pnictide\\_magnetism\\_1oct2015.jpg](https://nationalmaglab.org/images/news_events/news/2015/october/pnictide_magnetism_1oct2015.jpg)

NMR has had several critical development steps – Fourier Transform analysis of collected data, increase in field strength with superconducting magnets, micro-coil, cryogenic analysis, hyperpolarization.

## Today in Computing



### On my desk in 2018

- The Apple MacBook Air with 2 quad core Intel i7 processors
  - Operates at 2.0 GHz
  - Memory of 8 GB
    - Access 1.333 GHz
  - 512 GB Flash memory storage
  - 10 Gbs Thunderbolt I/O
- Cost ~\$2,000 – same my first Apple II+ with 48 k of memory



### IBM Blue-Gene

- Massive parallel computing
- Replaced by Dell EMC cluster operating at 110 Tflops
- In its current configuration it has 78 compute nodes, each with 24-core processors (1,872 cores total)
- Operates with 10 and 40 GB ethernet

## NIH Common Fund Metabolomics Program

- **Metabolomics Workbench:**  
<http://www.metabolomicsworkbench.org/>
- **Regional Comprehensive Metabolomics Research Centers**
  - University of Michigan: <http://mrc2.umich.edu/index.php>
  - UC Davis Metabolomics Center: <http://metabolomics.ucdavis.edu/>
  - UNC-CH: <https://transforming-science.com/tag/eastern-regional-comprehensive-metabolomics-research-core/>
  - SE Center for Integrated Metabolomics: <http://secim.ufl.edu/>
  - Resource Center for Stable Isotope Metabolomics:  
<http://bioinformatics.cesb.uky.edu/bin/view/RCSIRM/>
  - Mayo Clinic Metabolomics Resource: <http://www.mayo.edu/research/core-resources/metabolomics-resource-core/overview>

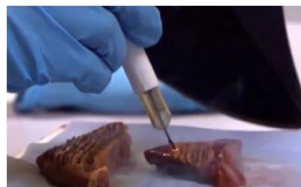
## MRC-NIHR National Phenome Centre



600 MHz NMR instruments  
in surgical suite



Mass spectrometers (10 Q-TOFs) each  
dedicated to one assay format



lknife - revolutionizing surgery

**This is Next-GEN precise medicine**

## The UK National Phenome Center, LC-MS labs



## Great challenges in metabolomics

- **The extent of the metabolome**
  - From gaseous hydrogen to earwax
- **Having complete databases**
  - METLIN has 1 million+ metabolite records, but your problem always creates a need to have more
  - Improvement in the size of a MSMS database (100,000+)
- **Storing and processing TBs of data**
- **Standards and standard operating procedures**
- **Being able to do the analyses in real time**

**Questions?**